

BECOME A LIFESTYLE COORDINATOR



DIPLOMA OF LEISURE AND HEALTH

SUPPORT OF OTHERS IN
ACHIEVING HAPPINESS



MOVE ACADEMY

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The CHC53415 Diploma of Leisure and Health is designed to give you an edge in the industry and perform in more advanced roles within the industry.

Make the next move in your career in the community services and health sectors. This course is perfect for people who want a qualification that will span across a diverse range of fields in both health and community services, including working with people supported by the NDIS. This course will enable you to provide quality of life opportunities for individuals who experience barriers to participation in recreation and leisure, assisting them in challenging and enhancing their psychological, social, emotional and physical well-being.

According to the Australian Government's Job Outlook service, diversional and recreational therapists are expected to experience future growth with around **50,000 new jobs** created within the industry by 2023 (reference joboutlook.gov.au). Employers are looking for qualified candidates who are caring, compassionate, and can communicate clearly with a diverse range of people.

This course will equip you with the practical skills and knowledge you need to work with people with high needs such as dementia, how to plan and conduct recreational programs, and how to confirm a physical health status. Our highly-experienced teachers are at the top of their game and will give you the one-on-one guidance you need to succeed in your studies.

Successful completion of this course will qualify you to work in community services and health settings as an activities officer, recreational therapy assistant, aged care recreation officer, or in a range of other areas including mental health and disability.





TAKE THE NEXT STEP IN YOUR CAREER

Plant your foot firmly in the industry with the qualification that will help you excel and proof your place in this expanding industry

Career Opportunities

- Community Recreation Activity Assistant
- Day Support Officer
- Day Centre Worker
- Weekend Activity Officer
- Recreational Activity Officer
- Community Leisure and Health Officer
- Disability Assistant Officer



This course will teach you how to provide quality-of-life opportunities for individuals who experience barriers to participation in recreation and leisure. The qualification reflects the role of participating in the design, implementation and evaluation of leisure, health activities and programs for clients in one or more sector areas.

Clients may include those with disabilities, older people, youth, children, families, corporate organisations and people in respite. You will gain the ability to challenge and enhance their psychological, social, emotional, and physical well-being, and develop the confidence to seek out opportunities that utilise your skills.



Why study this course?

- Taking part in leisure and health programs allows clients to address a range of psychological, social, emotional and physical needs while also having fun.
- As you progress through the course content, you'll learn by working for a fictitious care facility. You'll be introduced to a range of fictitious colleagues and be faced with a variety of situations you may encounter in a real-life workplace.
- You will put the knowledge you learn into practice with a 240-hour work placement.
- The selected units within this course provide experience and skills in a wide range of aged care, health and community settings.

Entry Requirements

There are no formal education entry requirements for this course.

Delivery Mode

All learning materials will be accessed via an online platform; here you will be able to review your lecture slides, complete your subject readings, and all exams. You will have access to all study materials as well as tutor support to help you through your studies. Students will be held accountable to their studies through our education team, who will also motivate students to complete their courses. The course is made up a blend of theory and practical activities that the learner will be required to complete to be deemed competent.

With 240 hours of practical placement, you will graduate with real workplace experience, aiding your employment prospects and your ability to truly help others.

Course Investment

You may start the pathway to your new career with a variety of payment options available including payment plans and VET student loans available to students that meet VETSL eligibility requirements. (please note VETSL gives rise to a VETSL debt until repaid).

Please talk to us to answer any questions that you may have so that we can help you get started today.

VET Student Loans

An Australian Government Initiative



**NATIONALLY RECOGNISED
TRAINING**



Recognition of Current Competencies and Recognition of Prior Learning

Move Academy offers both recognition of current competencies and prior learning. This is an option available to all students who have acquired knowledge or undertaken previous relevant learning which can be recognised against the course(s) you have inquired about or enrolled in. This process enables students who have previous experience or qualifications in the industry to apply for credit of competencies/skills.

Move Academy recognises and accepts qualifications and statements of attainment issued by registered training organisations across any Australian State/Territory. Overseas applicants will need to provide a detailed resume as well as a certified copy of their academic transcripts, certificates or statements.

Further information and costs involved in applying for these recognition options is available by contacting Move Academy.



Practical Based Tasks

You will undertake practical based learning from the start to the end of your program which may involve the submission of log books, videos and client documentation as evidence of completion.

Your training will occur online and within your workplace or workplace mentor facility.. From start to finish you will undertake client orientated practical based projects which will require access to suitable environments as specified in the assessment.



Make a Difference in the Lives of Others

Every single day you can make a difference to the quality of people's lives and develop career specialisations to really go places.

There are so many reasons to embrace this essential service industry – it offers a diversity of client areas to work in, variable care settings, care types, opportunities for advocacy and with more than 50 different roles it delivers significant career building possibilities. Imagine empowering people to reach, grow and maintain their potential, plus you will have a positive impact on your local community. You can specialise in disability, ageing or home and community.

Skills learned are often transferable and may generate options for promotion and employment in other areas of this sector and in allied industries. Demand for skilled people is nationwide, in cities, regional towns, rural communities and remote locations.

Depending on your qualification level your job outlook includes – Disability Service Officer, Care Assistant, Personal Care Worker, Residential Aide, Behaviour Support Officer, Employment Coordinator (Disability), Youth Worker, Residential Support Worker, Indigenous Youth Worker, Family Support Worker, Welfare Support Worker, Community Support Worker, Assistant in Nursing (AIN), In-home Respite Worker, Care Team Leader

The activities that clients in the aged care, health, and community services sectors take part in can have an extremely positive impact on their daily lives. Get the skills to make a difference.

Throughout the CHC53415 Diploma of Leisure and Health you will learn:

- How to plan, implement and monitor individual and group activities for a range of clients.
- The communication skills to build relationships and work with a diverse range of people.
- How to support independence and wellbeing, relationships with carers and families, as well as community participation and social inclusion.
- The skills to incorporate sociological concepts into leisure and health programming.
- How to effectively provide recovery-orientated mental health services, and home and community support services.

The wide range of electives available within this course allows you tailor your learning to the sector you already, or hope to, work in.

On graduation, dependent on completion of relevant work experience, you will be able to apply for full membership with Diversional Therapy Australia (DTA).



Once you are enrolled in this course, you will receive access to our online learning centre which contains the units for the course. You will need to work your way through the units that are included within the course as listed below:

Subjects

There are 22 units within the course (15 core and 7 elective units).

- CHCCOM003 - Develop workplace communication strategies
- CHCDIV001 - Work with diverse people
- CHCLAH001 - Work effectively in the leisure and health industries
- CHCLAH002 - Contribute to leisure and health programming
- CHCLAH003 - Participate in the planning, implementation and monitoring of individual leisure and health programs
- CHCLAH004 - Participate in planning leisure and health programs for clients with complex needs
- CHCLAH005 - Incorporate lifespan development and sociological concepts into leisure and health programming
- CHCLAH006 - Coordinate planning, implementation and monitoring of leisure and health programs
- CHCLAH008 - Provide leisure education
- CHCLAH009 - Apply concepts of human psychology to facilitate involvement in leisure programs
- CHCPOL003 - Research and apply evidence to practice
- CHCPRP003 - Reflect on and improve own professional practice
- HLTAAP002 - Confirm physical health status
- HLTWHS003 - Maintain work health and safety
- BSBMGT502 - Manage People Performance
- BSBFIM501 - Manage Budgets and Financial Plans
- BSBFLM306 - Provide workplace information and resourcing plans
- BSBMGT401 - Show leadership in the workplace
- BSBMGT406 - Plan and monitor continuous improvement
- HLTAID003 - Provide First aid
- HLTAID001 - Provide cardiopulmonary resuscitation
- HLTAID002 - Provide basic emergency life support



The course contains a minimum of 240 hours of work placement

Workplaces suitable to undertake structured work placement include:

- Residential aged care facilities
- Respite care facilities
- Day care centres
- Home care environments
- Community support settings
- Rehabilitation services
- Refuges

Your work place must meet certain criteria in regards to facilities, equipment and resources. Your workplace assessor will ascertain whether the workplace is appropriate.

